Cataract

Definition: It means the opacity or opacity of the lens of the eye, which causes the light to pass through the lens of the eye.

Symptoms: Blurred vision is the reduction of visual acuity, blurring of colors, creating light spots in the field of view

Training notes in discharge time:

- After surgery, there may be a slight pain that uses the usual analgesic (acetaminophen).
- The proper position after the operation is lying on your back or towards the healthy eye.
- Avoid actions that increase intraocular pressure: such as sneezing, coughing, straining, bending the head down too much
- Prevention of infection by regular administration of oral and ocular antibiotics
- To prevent eye damage after surgery for up to 24 hours, it has a special protector (shield) on its dressing, which should be placed on the eye at night for 1-4 weeks at night.
- Do not sleep on the operated eye for 4 weeks.
- Due to the sensitivity of the operated eye to light, use standard smoked glasses to protect the eyes from sunlight.
- Avoid bending and standing for long periods of time.
- The operated eye should not be in contact with water for 7 to 10 days.
- Blurred vision may persist for days to weeks after surgery.
- Cleaning the discharge from the inside of the eye to the outside should be done. To do this, use a clean gas and cooled boiled water.
- Avoid lifting heavy objects, pushing during defecation and strenuous activity for 6 weeks.

How to pour eye drops

- The tip of the dropper should not come into contact with the eye.
- The best place to drop drops is the lower eyelid.
- Do not inject more than two drops at a time because it is wasted.
- After pouring the eye drop, close the eye and press the inner corner for 1-2 minutes.
- If you have to use several eye drops at the same time, leave 15 minutes between each drop.

Symptoms of postoperative eye infection:

Visual impairment, swelling of the eyelids, redness, discharge of purulent discharge from the eyes. If these symptoms occur, see your doctor.

If you have any symptoms of an eye infection or the following symptoms, seek medical attention:

Sudden and severe eye pain, flies, glare and blink of an eye and decreased vision
It should be noted that the presence of brief discharge and the feeling of itching and redness are considered to some extent, especially in the natural morning.

If you have any questions or ambiguities, call the following number:

023-33437824, Surgery ward of Kosar Hospital